The Focus word for June is STRENGTH
Week 24 June 7 - 13

"I depend on God's strength, not mine. "You bless all who depend on you for their strength" Psalm 84:5

Whether you are trying to get healthy mentally, physically, spiritually or relationally, like any big change we decide to make in our lives, it sometimes can feel like an impossible challenge.
I have learned that in fact it is, IF you try to do it on your own.
We will never be able to do it on our own and guess what? We were never created to.
Anything we can do in with our own will power doesn't require faith, and when faith is not required, we're living faithlessly.

Dang it!

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Here is the good news…
When you confess to God, your weaknesses (He already knows but He wants to hear from you) He often turns our weakness into our strength.

This week, take time to think about it and maybe do a little confessing. If you feel you have weak faith or even no faith, turn & depend on God. The more faith you have in God, the more power and the more blessings you will have in your life.
Use the space below to journal your thoughts:

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