



February 2016 – Love
Week Six - February 7-13

“ The whole law can be found in a single command. Love your neighbor as you love yourself ” Gal 5:14

Welcome to the second month of Documented Faith 2016. This month the focus word is LOVE and more specifically, Loving One Another... Loving God and Loving others.

TWO simple things. Just two things we need to do during our life. That is it. Do that and everything else falls into place. So why, why, WHY do we mess it up, complicated it and do life the way we want it?? This month we are going to hopefully create a new habit to do these things and the only way to develop a habit is to practice. When we lose our motivation of love, we become critical of others. We stop looking for good in them and see only their faults. Soon after, we lose our unity with one another.



As mentioned on the other side of this paper, this month lets work on creating a new habit:

- When I begin to feel critical of someone I must IMMEDIATELY STOP and make a list (in my head or maybe on paper) of those persons positive qualities.

Again, every single time I even start to have a critical thought I must STOP and correct my thinking. Remember that we are here on earth for a reason. To love God and to Love others. Let's all make a conscience effort from this day forward that we treat others the way we want to be treated and then....ask yourself what you want from people and then do it for them!