



The Focus word for May is COURAGE
Week 21 May 17-23

This week is a little different. It is not just one verse but many that all go together and teach us about being prepared. A story that reminds us that in order to be courageous, we must be prepared for battle because whether you are in a battle or have been in a battle, battle is coming and will continue to come.

To be able to withstand any attacks, we must depend on God's strength and use every piece of His armour.

- Read Ephesians 6:10-20
- Consider going to www.biblegateway.com and looking up this verse in several different translations (read The Message version)
- If you are in a battle right now, think about what you need to do, change or add so that you can continue to fight on with courage and strength. Consider journaling today about the changes you may make according to these verses and watch God work.



The Armour of God

Ephesians 6:10-20 NIV

"Finally, be strong in the Lord and in his mighty power.¹¹ Put on the full armor of God, so that you can take your stand against the devil's schemes.¹² For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.¹³ Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.¹⁴ Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place,¹⁵ and with your feet fitted with the readiness that comes from the gospel of peace.¹⁶ In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one.¹⁷ Take the helmet of salvation and the sword of the Spirit, which is the word of God.

¹⁸ And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.¹⁹ Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make known the mystery of the gospel,²⁰ for which I am an ambassador in chains. Pray that I may declare it fearlessly, as I should.