

# TWO are BETTER than ONE

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By people who have the same  
VALUES, GOALS & HEALTH  
HABITS, you are GOING TO  
PROGRESS FARTHER than you  
could ON your OWN." DANIEL PLAN  
PG. 47

& THREE IS NOT A CROWD...

TOGETHER WE CAN:  
Study · PRACTICE · Eat · PRAY ·  
ENCOURAGE ONE ANOTHER

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