



July 2016 - Patience
Week 29 June July 10-16

Verse: The original verse chosen for this week was Colossians 1:10-12 NIRV but I have made a change. Please consider reading and reflecting on the verse along with this one:

The LORD is good to everyone who trusts in him, so it is best for us to wait in patience; to wait for him to save us. Lamentations 3:25-GNT

Notes: when life seems to be falling apart, the best spiritual decision we can make is to get alone with God...and wait.

Many of us do not know how to be quit because we are always anxious. Waiting for someone or something stresses us out because we like to be in control.

Anxiety comes when we're not waiting for hope to appear.

Note to self: Before you go out and try to solve your own problem, let God do it.

When you get quite and honest with God, your focus will shift from seeing your problems, no matter how overwhelming they may seem, to the grace of God.

Try it and see...you have NOTHING to lose.

Note to Self:
ANXIETY comes
WHEN we're **NOT WAITING**
for HOPE to appear