



July 2016 - Patience
Week 30 June July 17-23

Verse: "Anyone who is patient has great understanding, but anyone who gets angry quickly shows how foolish he is." Proverbs 14:29 NIRV

Notes: A quick temper can be like a fire out of control. It will burn us and everyone else in its path. Anger divides people and that is very evident in our world today. Anger pushes us into hasty decisions that cause bitterness and guilt.

Anger, itself is not wrong. It is a real reaction to injustice and sin.

When you feel yourself get angry, look for the cause:

Are you reacting to an evil situation that you are going to set right?

or

Are you reacting selfishly to a personal insult?

Pray that God will help you control your quick temper, turning your feelings into effective action and conquering selfish anger through humility and repentance.

"ANYONE who is PATIENT has great UNDERSTANDING BUT ANYONE who gets ANGRY QUICKLY SHOWS HOW FOOLISH HE IS"
Proverbs 14:29

Three horizontal lines for writing.

WHEN YOU FEEL ANGRY, LOOK for the CAUSE...

Five horizontal lines for writing.

